



THE NILE EXPLORER BUS
HEALTH & SAFE SPACES COMPONENT:

NUTRITION

(The Health Dice Game)



| MODE(S) OF DELIVERY | FOCUS | MATERIALS/RESOURCES NEEDED |
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| <ul style="list-style-type: none"> - 10-minute introductory session (Creating rapport with students). - Instructor requests students to form groups of 3. - In each group, the students are given a board piece with several health and nutrition questions. The board has 2 dice which are rolled onto the board. - Students answer the questions on nutrition based on the numbers displayed on the dice faces | <p><i>The main focus of this session is to share information on eating the right foods and signs of deficiency</i></p> | <p>Health Dice board game.</p> |

